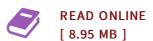




## Choose Power: Tools and Techniques for Home and Work

By Pammyla Brooks

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Choose Power: Tools and Techniques for Home and Work, Pammyla Brooks, How can I feel more powerful right here, right now? Each chapter in "Choose Power: Tools and Techniques for Home and Work" goes into a different aspect of power in our lives. It helps you find out how to increase your power with people, power from your body, power over thoughts and feelings, powers of attraction and intention, and spiritual power. Pammyla Brooks gathers Power Principles from a variety of traditions, and then clearly explains and applies them to every day life. In addition, stepby-step exercises are sprinkled throughout this book in order to easily practice the techniques today, and use them tomorrow at home or at work. People from every background like this book because it is easy to understand. Although the techniques are presented at basic, introductory levels, they result in truly deep changes in people's lives.



## Reviews

A new e book with a brand new standpoint. I am quite late in start reading this one, but better then never. I discovered this ebook from my i and dad advised this publication to understand.

-- Jada Franecki II

Here is the very best book i have got read through until now. I could possibly comprehended everything using this composed e publication. You will not sense monotony at whenever you want of your time (that's what catalogues are for concerning should you ask me).

-- Izaiah Schowalter