



DOWNLOAD



## My Reluctant Journey: Lessons Learned on the Path to Retirement (Paperback)

By Dr Edy Stoughton PhD

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What does retirement mean to you? Do you look forward to it with anticipation as the entry into a well-earned life of leisure, or do you dread the idea of becoming irrelevant or even invisible? Possibly you are somewhere in between-ready to spend more time following your interests and discovering new ones, but unsure as to what that would look like and how well it would fit you. Retirement has always been heavily loaded with ambiguous feelings. Now women are struggling with these questions in unprecedented numbers as they face the ends of careers that have been a source of structure, purpose and identity. To add to the complexity, this is the first generation of women to have careers in large numbers so there are few models or templates to follow to get it right. Dr. Edy Stoughton's chronicle of her first year after retirement is both deeply personal and universally applicable. It is not a recipe for how to live the perfect life of retirement, but rather an uncompromisingly honest look at issues we all deal...



READ ONLINE  
[ 4.17 MB ]

### Reviews

*This book may be really worth a read through, and a lot better than other. It is really basic but excitement inside the 50 % in the pdf. I realized this pdf from my dad and i encouraged this publication to learn.*

-- **Curtis Bartell**

*The book is straightforward in study better to comprehend. It is really simplistic but unexpected situations in the fifty percent of the ebook. Its been written in an exceptionally simple way which is simply after i finished reading through this ebook in which basically altered me, affect the way i really believe.*

-- **Letha Corwin**